

# OUR PHILOSOPHY

At Downers Grove Pediatrics, Ltd. (DGP) our goal is to provide high quality, comprehensive care to our patients from infancy through adolescence. We offer excellence in diagnostic evaluation, education, availability and guidance, all provided in a timely and courteous manner. Our pediatricians focus their attention on the whole child, caring for him/her as an individual and as a member of a family and larger community. Downers Grove Pediatrics is committed to creating a medical home for your child. We know how important good health is and our staff is committed to providing your child with the best care available.

DGP is affiliated with Advocate Good Samaritan, Adventist Hinsdale and Adventist Bolingbrook Hospitals.

We are also proud participants of the program, Reach Out and Read (ROR). ROR is a national, nonprofit organization that promotes early literacy and school readiness. We incorporate ROR into well child checkups beginning at age 6 months by giving each child a new book at every appointment and encouraging families to read together.

## 2 CONVENIENT LOCATIONS

6840 S. Main St. • Downers Grove  
630.852.4551



404C W. Boughton Rd. • Bolingbrook  
630.759.9230



OFFICE HOURS:  
Monday thru Saturday  
*Evening hours also available*



*"Caring for children since 1971"*

*We Welcome You  
To*

**Downers Grove Pediatrics**



• 2 CONVENIENT LOCATIONS •

6840 S. Main St., Suite 201  
Downers Grove, IL 60516  
630.852.4551 • 630.852.0131 Fax

404C W. Boughton Rd.  
Bolingbrook, IL 60440  
630.759.9230 • 630.759.9102 Fax

[www.dgpeds.com](http://www.dgpeds.com)

# MEET OUR PHYSICIANS

**NUSRATH AKHTAR, M.D.** graduated from Osmania University in Hyderabad-India. She joined the practice in 1990 after completing her residency and serving an additional year as chief resident at Rush Presbyterian-St. Luke's in Chicago. While at Rush she helped run the Autoimmune Disease Clinic. Her special interests include autoimmune diseases, rheumatology, obesity and newborn wellness. Dr. Akhtar is Board Certified in Pediatrics.



**EMILIO CABANA, M.D.** founded Downers Grove Pediatrics in 1971. He attended University of Santo Tomas, Manila in the Philippines. He completed both his residency at Michael Reese Hospital in Chicago, as well as a fellowship in Pediatric Nephrology. Dr. Cabana is Board Certified in Pediatrics.



**JOHN D. CABANA, M.D.** graduated from Chicago Medical School in North Chicago. He joined the practice in July 2002 after completing his residency at Hope Children's Hospital/Christ Hospital and Medical Center in Oak Lawn, Illinois. Dr. Cabana was born and raised in Downers Grove. He is responsible for establishing *REACH OUT AND READ* in the practice, a program encouraging the introduction of books and early literacy in children. Dr. Cabana is Board Certified in Pediatrics.



**M. JACKLIN JANECEK, D.O.** joined the practice in June of 2007 after practicing in the Chicagoland suburbs for six years. She attended Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove and completed her residency at Hope Children's Hospital/Christ Hospital and Medical Center in Oak Lawn, Illinois. She was part of the Adolescent Clinic at Cook County Hospital prior to joining Downers Grove Pediatrics. Her special interests include early childhood growth and development, providing guidance to breastfeeding mothers and obesity. She is fluent in Spanish. Dr. Janecek is Board Certified in Pediatrics.



**KERRY V. SHEEHAN, D.O.** attended Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois. She joined the practice in July of 2008 after completing her residency at Ronald McDonald Children's Hospital/Loyola University Medical Center in Maywood, Illinois and remaining for a year to be chief resident. Her special interests include combating childhood obesity and breastfeeding. Dr. Sheehan is Board Certified in Pediatrics.



**HEIDI E. SWANSON, D.O.** attended Midwestern University/Chicago College of Osteopathic Medicine in Downers Grove, Illinois. She joined the practice in July of 2010 after completing her residency at Ronald McDonald Children's Hospital/Loyola University Medical Center in Maywood, Illinois. Her special interests include asthma, diabetes and newborn care.

